

Lifelong LEARNING

**DEEP DIVE
INTO SALTWATER FISHING**

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**GET AWAY WITH NEW TRAVEL
ADVENTURES: PAGE 8**

REGISTRATION BEGINS MAY 2, 2022

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College of the Mainland's Lifelong Learning classes provide amazing opportunities to explore your passions, learn something new, or even travel the globe.

Love what you learn.

Sign up today!



College of the Mainland
1200 N. Amburn Road
Texas City, Texas 77591
409-938-1211
com.edu

Lifelong Learning

COM City Centre
10000 Emmett F. Lowry Expy,
Suite 4100
Texas City, TX 77591
409-933-8461
com.edu/lifelonglearning

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3 Easy Ways to Register for classes!

(Choose one)



Go Online

com.edu/lifelonglearning
Visit this link or scan the QR code.



Call us

409-933-8461

Leave a message, and a representative will return your call within 24 business hours (Monday - Friday 8 a.m. - 5 p.m.).



Visit us in person

Stop by our new facility located at Mainland City Centre.

COM City Centre
10000 Emmett F. Lowry Expy
Suite 4100
Texas City, Texas 77591

View the map on page 27 of this catalog.

REGISTRATION BEGINS MAY 2, 2022

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/lifelonglearning. The electronic version of the schedule is the official schedule. Please refer to the online schedule to confirm class information.

Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

Introduction to Voiceovers

Online and scheduled individually

\$49

Instructor: Voices for All

Wow, you have a great voice! How many times have you heard that? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, "I could do that!" Explore the voiceover industry with your instructor, a professional, working voice actor from Voices For All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. You'll learn about different types of voiceovers and the tools you'll need to find success. Your instructor will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later. One-time, 90-minute, introductory class. Learn more at <http://www.voicesforall.com/ooo>. 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding field!

Line Dancing with TMichele

Saturday | June 4, 2022 "Can't Get Enough" by Tamia, 9:00 AM - 12:00 PM

Saturday | July 9, 2022 "That L'Argent" by Lil' Nathan & The Zydeco Big Timers, 9:00 AM - 12:00 PM

COM City Centre – Room 107

\$39 per session

Instructor: Traci Payne

Love line dancing and want to learn the hottest dances out there? If you are an intermediate/advanced dancer, then join these fun and energetic workshops where you will learn the most requested line dances around! These dances will ensure you are a hit at your summer parties and family reunions!

Wonderful World of Astronomy

Mondays/Wednesdays | June 13 - 29, 2022, 6:30 - 8:30 PM

Registration Deadline: May 30, 2022,

Mondays/Wednesdays | August 1 - 17, 2022, 6:30 - 8:30 PM

Registration Deadline: July 18, 2022,

COM City Centre – Room 115

\$129 per session

Instructor: Justin McCollum

This is an introductory course on the basics of Astronomy. The outcomes include mastering naked eye astronomy, identifying the characteristics of the constellations, basics about the planets, telescopes, news about space exploration, and a general view of the Universe. You will also have the opportunity to participate in related hands-on activities that demonstrate the concepts learned. All supplies are included in the fee.

Art of Yoga

Tuesdays/Thursdays | June 14 - July 7, 2022, 5:30 - 6:30 PM

Tuesdays/Thursdays | June 14 - July 7, 2022, 6:45 - 7:45 PM

Tuesdays/Thursdays | July 19 - August 11, 2022, 5:30 - 6:30 PM

Tuesdays/Thursdays | July 19 - August 11, 2022, 6:45 - 7:45 PM

COM City Centre – Room 104

\$39 per session

Instructor: Tammi Blalack

Work stressing you to your limits? Come join us then before you head home... we promise you will be glad you did! Experience the art of yoga which will help you relax and find your inner peace. You will explore different techniques such as meditation, yin, Hatha, and animal movements in this class.

Guitar from the Beginning

Tuesdays | June 14 - July 19, 2022, 5:30 - 7:30 PM

Registration Deadline: May 31, 2022

COM City Centre – Room 107

\$109

Instructor: James McQuage

Are up ready to move from playing air guitar to the real thing? Then this class is for you! You will learn basic guitar techniques including chords, scales, standard notation and tablatures, tuning, and basic guitar maintenance. Take home your very own copy of Guitar for the Absolute Beginner and keep on strumming even after the class ends! All you need for this class is desire to learn and your own 6-string guitar.

Organic Gardening in the Home Landscape

Tuesday | June 28, 2022, 6:00 - 8:30 PM

Registration Deadline: June 21, 2022

COM City Centre – Room 119

\$29

Instructor: Angela Chandler

This program presents practical biological gardening practices for Gulf Coast soils and climate using products and practices that are safe for your family, your pets, and the watershed. It will cover site selection, soils, bed preparation, planting, fertility, water management, weed & pest control. The focus of the program is growing food in the home garden, but all practices are applicable to the ornamental garden as well.

Microsoft Excel Tips and Tricks

Tuesdays/Thursdays | July 12 - 21, 2022, 6:00 - 8:00 PM

Registration Deadline: July 5, 2022

COM City Centre – Room 115

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WONDERFUL WORLD OF ASTRONOMY

LEARN MORE ON PAGE 4

Community Education Classes

Non-credit, fee-based personal development classes and workshops offered on weeknight evenings or Saturdays and available to the entire adult (ages 18+) community.

\$65

Instructor: Carol Benson

Already know the basics of Excel and ready to take it to the next level? This advanced course will focus on complex formulas and functions, sorting and filtering data, pivot tables, and what if analysis. In addition, you will go home with new tips and tricks to enhance your use of Excel. Prior to the first class, you will need to know how to access and download files from your email account.

Plant Propagation 1 - Growing from Seed

Saturday | July 16, 2022, 1:00 - 3:30 PM

Registration Deadline: July 2, 2022

COM City Centre – Room 119

\$49

Instructor: Angela Chandler

Seeds are nature's most prolific method of plant reproduction. Yet many gardeners are intimidated by growing their own transplants or growing from seed in the gardens. This program covers everything you need to know to be successful with seeds – storing, pre-treating, direct sowing, transplanting young seedlings, growing off to mature plants. The climate on the Gulf Coast requires us to “cheat the seasons” by starting seeds ahead of their favored season. You will learn how to manage that as well. Supplies included, but please bring a cardboard flat to easily carry home your projects.

Intro to Woodcarving

Thursday | July 21, 2022, 5:30 - 8:30 PM

Registration Deadline: July 14, 2022

COM City Centre – Room 120

\$25.00

Instructor: Mike Duhon

Join us for an introductory look at



the amazing art of Woodcarving. This workshop will cover the various disciplines of woodcarving, carving tools and their maintenance, and cost of getting started as a woodcarver. You will also have the opportunity to try your hand at carving your own small piece to take home with you!

Upcycling - From Trash to Treasure!

Saturday | July 23, 2022, 1:00 - 5:00 PM

Registration Deadline: July 9, 2022

COM City Centre – Room 117

\$49.00

Instructor: Michele Patrick

Come learn how to turn old items around your home into brand new ones... artwork worth hanging, jewelry worth wearing, gifts worth giving! Instructor will demo several projects, then you can choose which project you would like to make or make something from your own imagination. We will have a pile of “trash” to choose from for creating your treasures! All supplies are included.

PowerPoint with Pizzazz

Tuesdays/Thursdays | July 26 - August 4, 2022, 6:00 - 8:00 PM

Registration Deadline: July 19, 2022

COM City Centre – Room 115

\$65.00

Instructor: Carol Benson

PowerPoint is a powerful visual aid that can greatly enhance your presentation, whether it be for a sales pitch, school project, or family reunion. Assuming you already have a basic knowledge of the software, this advanced course will further explore how to format pictures, animate text and objects, insert audio and videos, and use voice overs. You will also have the opportunity to create your own personal PowerPoint demonstrating your new skills. Prior to the first class,

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you will need to know how to access and download files from your email account.

Backyard Orchard Culture - Fruit in the Home Garden

Tuesday | August 2, 2022, 6:00 - 8:30 PM

Registration Deadline: July 26, 2022

COM City Centre – Room 119

\$29.00

Instructor: Angela Chandler

This program presents new concepts in growing fruit in the home landscape. It will cover variety selection, proper siting, current planting for Gulf Coast soils, early training, fertilization, health maintenance, container planting, principles of pruning, and freeze protection.

Plant Propagation 2 - Growing from Cuttings

Saturday | August 6, 2022, 1:00 - 3:30 PM

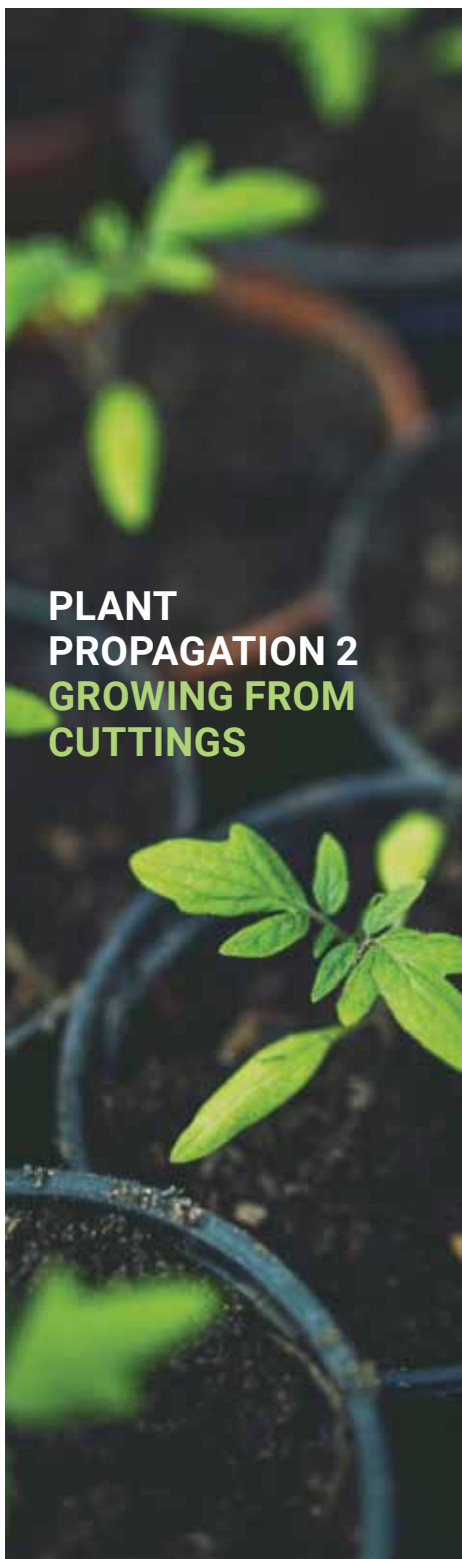
Registration Deadline: July 23, 2022

COM City Centre – Room 119

\$49.00

Instructor: Angela Chandler

Cuttings are one of the best ways to propagate many plants. A solid knowledge of how to grow from cuttings can expand your gardening experience and open doors to heirlooms and rare plants that would otherwise be difficult or expensive to obtain. There are many types of cuttings. Success depends on knowing what type of wood to take, and when to take it. This program will discuss stem cuttings and the ways to become a successful cuttings propagator. Supplies included, but please your own pair of pruners to prepare cuttings and a cardboard "flat" to easily carry home your projects.



PLANT PROPAGATION 2 GROWING FROM CUTTINGS

A photograph of the Golden Gate Bridge in San Francisco, viewed from a high angle looking down at the water. The bridge's iconic orange-red towers and suspension cables are prominent. The city skyline is visible in the background across the water.

TRIP AND
Travel
ADVENTURES

Applies to all Lifelong Learning Extended Travel

*Advertised fee is person based upon double occupancy and includes a booking discount if final payment is made by check prior to the final due date. Single occupancy has an additional fee.

**Please note, due to COVID-19 dates may change to be in accordance with any future COM travel restrictions.

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L I F E L O N G L E A R N I N G
E X T E N D E D T R A V E L

Extended travel is open to students 18 and older. All trip rates include roundtrip airfare, local airport transportation, first class hotels, professional tour director, sightseeing and admissions per itinerary, specified meals, motorcoach transportation, baggage handling at hotels, and hotel transfers.

Get Away with the California Rail Discovery

7 days starting October 12, 2022

ONLY \$3,295*

Final Payment due by Thursday, July 28, 2022

HIGHLIGHTS

- Two Rail Journeys:
 - Napa Valley Wine Train
 - Sierra Nevada Rail Journey
- Two Cruise Experiences:
 - San Francisco Bay Cruise
 - Lake Tahoe Paddle Wheeler Cruise
- San Francisco City Tour
- Wine Train Lunch
- Winery Tour & Tasting
- Old Town Sacramento
- Virginia City
- Reno, NV
- National Auto Museum

LIFELONG LEARNING
EXTENDED TRAVEL

Immerse Yourself in the Rich History of Spain and Portugal

9 days starting
March 23, 2023

ONLY \$4,195*

HIGHLIGHTS

- Three – 2-night stays in Lisbon, Seville & Madrid
- Fado Show – Lisbon
- Flamenco Show - Seville
- Lisbon City Tour
- Belem Tower
- Evora
- Cathedral of Seville
- Granada Tour
- Alhambra Palace
- Toledo
- Madrid City Tour
- Madrid Royal Palace

Final Payment due by Friday, January 6, 2023

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FOR EXTENDED TRAVEL INFORMATION, CONTACT TRACI PAYNE AT 409-933-8912 OR TPAYNE5@COM.EDU

L I F E L O N G L E A R N I N G
E X T E N D E D T R A V E L

**Soak in the
Wonders of
Nature at
Utah's Mighty
National Parks**

7 days starting
September 24, 2023

ONLY \$3,399*

HIGHLIGHTS

- Arches National Park
- Capitol Reef National Park
- Canyonlands National Park
- Dead Horse Point State Park
- Canyonlands by Night Cruise
- Scenic Byway 128
- Colorado National Monument
- Monument Valley
- Monument Valley Scenic Tour
- Grand Junction, Colorado
- Lunch at Goulding's Lodge
- Goulding's Museum/
Trading Post
- Colorado Wine Tasting

Final Payment due by Monday, July 10, 2023

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LIFELONG LEARNING
EXTENDED TRAVEL

*Noël
Eternel*

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Find unique gifts in the Montreal & Quebec City Christmas Markets

5 days starting
December 7, 2023

ONLY \$2,799*

HIGHLIGHTS

- Montreal City Tour
- Underground City
- Notre Dame Cathedral
- Via Rail Train – Montreal to Quebec
- Quebec City Tour
- Montmorency Falls
- Montreal Christmas Market
- Quartier Petit Champlain & German Christmas Market
- Gilles Copper Museum

Final Payment due by Friday, September 22, 2023

Lifelong Learning: Local Travel

Day/Evening outings for adults ages 18+ to explore education through trips and travel.

PLEASE NOTE:

The local travel trip cost includes transportation and admission ticket. Trip tickets have been pre-purchased; therefore, they are non-transferable and non-refundable. Students will meet in the Lifelong Learning Center lobby for all trips. Prior to registering for a trip, please consider that there are certain COVID protocols in place at many venues and although College of the Mainland does not require face coverings or proof of negative COVID test or vaccination, we must comply with the trip venue protocols.

Noir (Alley Theatre)

Saturday | June 11, 2022, 10:00 AM - 5:30 PM

\$59

A heartbroken man never leaves his apartment, finding his only solace in the music on the radio. Then a couple moves in next door. Eavesdropping becomes his new entertainment-and his new obsession. Soon he finds himself drawn into a web of love, lies, deceit, and danger. Inspired by early radio plays and classic film Noir, this new musical is written by Broadway artists Duncan Sheik (Spring Awakening) and Kyle Jarrow (SpongeBob SquarePants) and directed by Darko Tresnjak (A Gentleman's Guide to Love and Murder). A buy-your-own lunch will precede the show.

A Day at The Museums

Wednesday | June 15, 2022, 8:30 AM - 4:30 PM

\$59

The day will start with a guided tour at the BUFFALO SOLDIERS NATIONAL MUSEUM which tells the story of the historic Buffalo Soldiers, and the history of African Americans in the US military. African Americans have served proudly in every great American war. In 1866, through an act of Congress, legislation was adopted to create six all African American Army units. The units were identified as the 9th and 10th cavalry and the 38th, 40th, and 41st infantry regiments. The four infantry regiments were later reorganized to form the 24th and 25th infantry regiments. These fighting men represented the first Black professional soldiers in a peacetime

army. The recruits came from varied backgrounds including former slaves and veterans from service in the Civil War. Next stop, a self-guided tour at the HOLOCAUST MUSEUM. In 1981, Siegi Izakson, a Holocaust survivor and long-time Houston resident, had an epiphany. After attending an international gathering of Holocaust survivors in Israel, Izakson realized his peers were getting older, and as they passed away their stories and memories of unchecked prejudice would go with them. In March 1996, just 13 years after Izakson first dreamed of the idea, Holocaust Museum Houston was officially opened for admission with Izakson proclaiming, "This means the Holocaust story will not go away." After a \$34 million expansion, the Museum reopened in June 2019 after more than doubling in size to a total of 57,000 square feet. Charged with educating students and the public about the dangers of prejudice and hatred in society, it is ranked as the nation's fourth largest Holocaust Museum and fully bilingual in English and Spanish. A buy-your-own lunch will be scheduled mid-day.

Juneteenth Poetry Slam

Friday | June 17, 2022, 7:00 – 10:00 PM

\$26

Juneteenth celebrates June 19, 1865, the day Union Army forces occupied Galveston and read General Order No. 3, freeing slaves still in bondage. As part of this annual celebration, the City of Texas City hosts its annual poetry slam, a competitive event in which poets perform their work and are judged by a panel. **The event is held locally at the Doyle Convention Center so there will be no transportation included.**

Sea Center Texas

Wednesday | July 13, 2022, 7:30 AM - 3:30 PM

\$49

Spend the morning taking a hatchery and aquarium tour. Sea Center Texas is a marine aquarium, fish hatchery and education center located on 75 acres in Lake Jackson, Texas. It is operated by the Texas Parks and Wildlife Department in partnership with the Coastal Conservation Association, The Dow Chemical Company and US Fish and Wildlife Service Sportfish Restoration Funds. The facility opened in 1996 and includes a visitor center with aquaria and exhibits of Texas marine life, the largest redfish hatchery in the world, 36 one-acre fish culture ponds, an outdoor wetland exhibit and a youth fishing pond. A buy-your-own lunch will follow the tours.

Sarah Sings a Love Song (Ensemble Theatre)

Thursday | July 21, 2022, 4:00 - 10:00 PM

\$65

Sarah Sings a Love Song is a musical play that chronicles and celebrates the extraordinary love affair forged between a couple, Elaine and Russell, who have been married for over 30 years along with the music, travails, and life of Sarah Vaughan. Told through Elaine's eyes, this jazz romance explores the first 34 years of their relationship from 1956 up to the death of Sarah Vaughan in 1990. A buy-your-own-dinner will precede the show.

Love what you experience
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TAKE ME OUT TO THE BALLGAME



Minute Maid Park Tour/Houston Astros

Tuesday | June 21, 2022, 5:00 - 11:30 PM
\$65

Join us for a fun learning experience, which starts with a self-guided tour at the center field walk of fame. Following the tour, cheer on the Astros against the New York Mets. You will be able to grab food and drinks at the ballpark.

50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.



Bead Stitching

Thursdays | June 16 - August 4, 2022,
2:00 PM - 4:00 PM

COM City Centre – Room 120

\$30

Instructor: Patricia Ouellette

So you want to be a beader? Learn a variety of stitches used for beading and finish a project with each stitch technique. (Estimated supply cost \$20-\$40)

Beaded Fashion Jewelry

Wednesdays | June 15 - August 3, 2022,
10:30 AM - 12:30 PM

COM City Centre – Room 118

\$30

Instructor: Rhonda Wilcox

Impress your friends with unique and stylish jewelry...made by you! Through lecture, demonstration, and hands-on projects, you will learn beginners' jewelry skills in the techniques of bead stringing and bead stitching. (Estimated supply cost \$60-\$80)

Brazilian Embroidery

Thursdays | June 16 - August 4, 2022,
1:00 PM - 3:00 PM

COM City Centre – Room 119

\$30

Instructor: Charlyn Walker

Create beautiful artwork using needle and thread! Brazilian Embroidery is a three-dimensional embroidery using caston bullions and other commonly used embroidery stitches, but with rayon thread. (Estimated supply cost \$25-\$30)

Computer for Absolute Beginners

Tuesdays | June 14 - August 2, 2022,
8:30 AM - 10:30 AM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Whether you have never worked with or have forgotten what you learned about computers, this class will meet you where you are! We will cover how to get a computer up and running and how to shut it down safely. You will learn to make Microsoft Windows friendlier or personalized and basic hardware differences. This class includes an introduction to keyboarding, email, and Facebook. The only supplies you need will be a USB flash/jump drive each class.

Cricut

Wednesdays | June 15 - August 3, 2022,
9:00 AM - 11:00 AM

COM City Centre – Room 119

\$30

Instructor: Grace Garza

If you consider yourself a crafter, then you could definitely benefit from using a Cricut! Learn how to make personal t-shirts, signs, stencils, etch on glass, picture frames, boxes, luminaries, and so much more using a Cricut personal die-cutting machine. This course will start out with basic instructions of machine mechanics and then proceed to Cricut Design Space. You must have a laptop or tablet to access internet and download the Design Space program. You may bring a personal Cricut machine to class, but it is not required. Basic computer skills are required. (Estimated supply cost \$25)

Cricut (Online)

Tuesdays | June 14 - August 2, 2022,
9:00 AM - 11:00 AM

Online

\$30

Instructor: Grace Garza

If you consider yourself a crafter, then you could definitely benefit from using a Cricut! Learn how to make personal t-shirts, signs, stencils, etch on glass, picture frames, boxes, luminaries, and so much more using a Cricut personal die-cutting machine. This course will start out with basic instructions of machine mechanics and then proceed to Cricut Design Space. You will need your own Cricut machine, plus a laptop or tablet to access internet and download the Design Space program. Basic computer skills are needed. Class is held through Microsoft Teams. (Estimated supply cost \$25)

Drawing Basics

Tuesdays | June 14 - August 2, 2022, 9:00 AM - 11:00 AM

COM City Centre – Room 119

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\$30

Instructor: Gloria Bertrams

This course is focused on the fundamentals of drawing using observation and build drawing techniques. You will learn to develop a visual language using lines, forms, and depth. The course will progress from basic black and white forms to rendering images with shading and colors. (Estimated supply cost \$100)

Drawing with Colored Pencils

Wednesdays | June 15 - August 3, 2022,
1:00 PM - 3:00 PM

COM City Centre – Room 120

\$30

Instructor: Gloria Bertrams

Colored pencils are a powerful medium for expressive art making. Learn techniques for mixing colors, creating light, volume, and capturing skin tone. You will also explore blending, color theory, hatching and solvents. (Estimated supply cost \$75)

Fun Friday Open Lab: Beading

Fridays | June 17 - August 5, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 119

\$5 per Friday

Grab a friend and join other artists to visit and practice your skills. This is a drop-in open lab with no instruction. All levels of beaders welcome! Must bring own supplies.

Fun Friday Open Lab: Painting

Fridays | June 17 - August 5, 2022,
12:30 PM - 3:30 PM

COM City Centre – Room 117

\$5 per Friday

Grab a friend and join other artists to visit and practice your skills. This is a drop-in open lab with no instruction. All levels of painters welcome! Must bring own supplies.

Fused Glass

Mondays | June 13 - August 8, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 117

\$120 (price includes \$75 supply fee)

Instructor: Deborah Deats

At its simplest, glass fusing is a process in which formulated compatible COE 96 glass is assembled and then melted/fused together in a kiln. This course will introduce you to fused glass concepts and techniques. You will gain knowledge in the basic steps required to make colorful creations by cutting, stacking, and melting together pieces of transparent and opalescent colored glass. Projects include various styles of pendants, yard art, wired bugs, a wind chime, and a bowl. You will need your own tools.

Microsoft for Beginners

Tuesdays | June 14 - August 2, 2022,
10:45 AM - 12:45 PM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

Have you just learned how to use your computer and now want to explore the Microsoft software on it? In this class you will learn about Microsoft Word, PowerPoint, Excel, and Outlook, including the basics of each application and the features needed for projects appropriate for the software platform. Additionally, we will also cover the use of the internet for business and internet safety.



**DRAWING WITH
COLORED PENCILS**

50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.

Microsoft Word

Wednesdays | June 15 - August 3, 2022,
8:30 AM – 10:30 AM

COM City Centre – Room 115

\$30

Instructor: Mishelene Baker

This introductory Microsoft Word course is designed to provide you with the ability to create, edit, format, and print Microsoft Word documents. This course is intended for those who have some familiarity with Microsoft Word or more experienced Word users who want to learn the topics covered in the outline. Prerequisite: Microsoft For Beginners

Mosaics

Thursdays | June 16 - August 4, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 117

Thursdays | June 16 - August 4, 2022,
12:30 PM - 3:30 PM

COM City Centre – Room 117

\$45

Instructor: Michele Patrick

Learn from an award-winning mosaic artist how to make modern mosaics! The first day of class will be an introduction to the art and instructions on basic tools you'll need to purchase. By the end of the semester, you can expect to have at least one completed mosaic project. (Estimated supply cost \$100-\$110)

Painting with Acrylics

Mondays | June 13 - August 8, 2022,
1:30 PM - 3:30 PM

COM City Centre – Room 118

\$30

Instructor: Deborah Brady

This beginner class provides the basics of using acrylic paints and the techniques

needed to create finished artwork. Different acrylic mediums and styles will be introduced as well. You will have the opportunity to paint various subjects that will incorporate the techniques learned. (Estimated supply cost \$40-\$75)

Painting with Oils

Tuesdays | June 14 - August 2, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 118

\$45

Instructor: David Wheeler

Learn from the techniques of the great masters - exploring color and using light and shadow to create drama. This beginner course teaches how to hold a brush, mix paint, and use glasses, while starting with a limited paint palette and expanding as the class progresses. (Estimated supply cost \$120)

Painting with Watercolors

Wednesdays | June 15 - August 3, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 117

\$45

Instructor: Lee Johnson

Enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. You will discover your hidden potential while learning the fundamentals of this art form! (Estimated supply cost \$200)

Painting, Abstract

Thursdays | June 16 - August 4, 2022,
1:00 PM - 4:00 PM

COM City Centre – Room 118

\$45

Instructor: Deborah Brady

What is abstract art? Why is abstract



**PEER ARTIST
COLLECTIVE:
PAINTING**

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art? Abstract is not just throwing paint randomly onto a canvas. Come learn the rules of abstract art. Learn objective versus non-objective. Learn what freeing yourself can do for all of your artwork endeavors. Painting with Acrylics class or some painting experience is a recommended pre-requisite. (Estimated supply cost \$50)

Painting, Collage

Mondays | June 13 - August 8, 2022,
9:30 AM - 12:30 PM

COM City Centre – Room 118

\$45

Instructor: Deborah Brady

Collage is a mixed media created through assemblage, using various materials. You do not have to be an artist to enjoy creating a collage masterpiece! Artwork will be assembled on Masonite boards or cradled boards. (Estimated supply cost \$25)

Peer Artist Collective: Painting

Fridays | June 17 - August 5, 2022,
10:00 AM - 12:00 PM

COM City Centre – Room 117

\$30

A creative collective is a pressure-free gathering where your peers can help you evolve your ideas and artistic concepts, plus challenge them so you can grow as a creative. It also helps you learn what your strengths are and areas you could work on. Come join fellow students with similar creative interests to discuss related artistic methods, share skill sets, and provide peer feedback on personal works. In each session, artists will share their ideas or works and ask for feedback or support. This group is intended for intermediate to advanced level artists only and volunteers will facilitate the group sessions.

Peer Artist Collective: Photography

Fridays | June 17 - August 5, 2022,
1:00 PM - 3:00 PM

COM City Centre – Room 120

\$30

A creative collective is a pressure-free gathering where your peers can help you evolve your ideas and artistic concepts, plus challenge them so you can grow as a creative. It also helps you learn what your strengths are and areas you could work on. Come join fellow students with similar creative interests to discuss related artistic methods, share skill sets, and provide peer feedback on personal works. In each session, artists will share their ideas or works and ask for feedback or support. This group is intended for intermediate to advanced level artists only and volunteers will facilitate the group sessions.

Photography as a Hobby

Mondays | June 13 - August 8, 2022,
9:00 AM - 11:00 AM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

Whether your desire is to photograph your family, vacations, or the world around you, this course will introduce you to basic photography skills and camera features that will significantly improve your photographs. While a digital single lens reflecting camera is recommended, whichever camera you have is perfect. You must bring your own camera.

Photoshop

Mondays | June 13 - August 8, 2022,
12:00 PM - 2:00 PM

COM City Centre – Room 115

\$30

Instructor: Trudy Ledoux

This course will introduce you to the complexity of Photoshop and simplify the process of using this photo manipulation application. You will be introduced to Photoshop's interface while learning basic editing tools from corrections to exposure, adjustments, and cropping. Furthermore, you will have the opportunity to use edits like text, layers and combining photographs. Intermediate level computer skills are required for this class.

Quilting

Tuesdays | June 14 - August 2, 2022,
1:00 PM - 4:00 PM

COM City Centre – Room 120

\$45

Instructor: Elsa Tutt

Quilting symbolizes family and heritage, the joining of the past with the present. In this class, you can learn how to create your own quilt, or even expand your existing quilting skills, by working on a project of your own choice. The class will cover quilting basics such as choosing fabrics, rotary cutting, piecing, basting, quilting, and binding. (Estimated supply cost \$75-\$350)

Quilting, Applique

Tuesdays | June 14 - August 2, 2022,
9:30 AM - 11:30 AM

COM City Centre – Room 120

\$30

Instructor: Elsa Tutt

This class is different from the Basic Quilting as it is concentrating on the Applique Quilting process of adding decorative fabric shapes to a background fabric to create a quilt block. The class will cover the Applique Quilting process such as preparing the applique shapes, basting and/or gluing shapes, and joining the shapes using hand and/ or machine

50 Plus Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register. Required supplies listed in online syllabi for each course below.



SALTWATER FISHING

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sewing unto a background fabric. Note: This class will not cover basic quilting. (Estimated supply cost \$75-\$250)

Saltwater Fishing

Mondays | June 13 - August 8, 2022,
9:00 AM - 11:00 AM

COM City Centre – Room 119

\$30

Instructor: Tom La Santa

No matter if you are a novice or experienced fishing enthusiast this course will teach you how to catch fish. You will discover secrets, tricks and hacks that will build your confidence to fish anywhere. We will cover the proper tackle and bait to use for different saltwater environments (surf, pier, wade, jetty) as well as techniques for casting, fighting, landing, and cleaning fish. Learn what to have in your tackle box and how to maintain your fishing gear, plus the rules and regulations of fishing in Texas. Course also includes field fishing trips to Galveston and the Texas City Dike for additional fees. Course prerequisite: Valid Texas fishing license for saltwater fishing. (Estimated supply cost \$35-\$100)

Spanish

Mondays | June 13 - August 8, 2022,
12:00 PM - 2:00 PM

COM City Centre – Room 119

\$30

Instructor: Alison Johnson Galdamez

¿Quiere aprender el español? Well, come join this class! You will obtain a working knowledge of conversational beginning to intermediate Spanish including common vocabulary, phrases, parts of speech, and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant for an additional fee.

Stained Glass

Tuesdays | June 14 - August 2, 2022,
8:15 AM - 10:15 AM

COM City Centre – Room 117

Tuesdays | June 14 - August 2, 2022,
10:30 AM - 12:30 PM

COM City Centre – Room 117

\$30

Instructor: Patricia Stettler

Come learn the art of stained glass! You will learn to construct a panel from start to finish with the Copper Foil technique which will provide the basis to building additional panels. A small panel will be the class project. (Estimated supply cost \$150-\$300)

Stained Glass, Lead Came

Tuesdays | June 14 - August 2, 2022,
1:30 PM - 4:30 PM

COM City Centre – Room 117

\$45

Instructor: Patricia Stettler

If you have experience with glass cutting and now want to learn the lead came method of stained glass, then this class is for you! Lead came is the material that holds separate pieces of glass together in an h-shaped channel so that the pieces of glass slide into either side. The comes are then soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows. As the semester progresses, you will have the opportunity to assemble your own panel. (Estimated supply cost \$75-\$100)

Summer Seaside Décor Crafts

Fridays | June 17 - August 5, 2022,
10:00 AM - 12:00 PM

COM City Centre – Room 118

\$30

Instructor: Debie Seyfang

It's summertime! Want to feel like you are

at the seashore every day? Come learn various seaside crafts to decorate your home – candle holders, sea floats, spiral macrame coasters, macrame mermaid's tail key chain/ornament, wreath, and wall décor. (Estimated supply cost \$30-\$40)

Sweet and Savory Eating

Wednesdays | June 15 - August 3, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 117

\$30

Instructor: Sharon Mitchiner

It's summertime and the living is easy so meals should be easy too! Don't forget that sweet tooth. We will alternate between SWEET & SAVORY. This is a whole food plant-based class with recipes that are easy, tasty, and delicious. Both desserts and entrees with minimal effort and maximum flavor will be included. (Estimated supply cost \$10)

Woodworking

Thursdays | June 16 - August 4, 2022,
9:00 AM - 12:00 PM

COM City Centre – Room 120

\$45

Instructor: Richard Goodheart

If you like working with your hands, woodworking may be a great hobby for you! During the course of the semester, you will learn and develop basic woodworking skills all while making your very own project. Discussions will include wood and tool terminology, layout techniques, joinery, and finishes. Proper tool selection, sharpening, and project layout will be taught, with proper technique and safety in mind at all times. (Estimated supply cost \$200-\$250)

50 Plus Exercise Classes

Classes that are specifically designed to engage and serve the 50+ community. Must be at least 50 years of age to register.

Balance Training

Tuesdays/Thursdays | June 14 - August 4, 2022, 11:00 AM - 12:00 PM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

Reduce your fear of falling and increase your activity level with this class, which focuses on the exercises that improve balance and coordination. Instructor will use lecture, discussion, and videos to support the training. You will learn to perform safe stretching, balance, aerobic and strengthening exercises that will gradually tone muscles, core, and increase endurance over time. A chair will be used for support as needed and modifications will be given if needed.

Drums Cardio

Mondays/Wednesdays | June 13 - August 8, 2022, 9:30 AM - 10:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. This is a high activity cardio workout for your entire body and mind. You will use Pilates balls and drumsticks in choreographed routines set to music. Balls and drumsticks are provided.

Line Dancing

Tuesdays/Thursdays | June 14 - August 4, 2022, 4:00 PM - 5:00 PM

COM City Centre – Room 107

\$30

Instructor: Patricia Trevisani

Line dancing involves performing patterned foot movements in a line in unison to music. Line dancing not only blends exercise and recreation, it

is also a fun way to meet new people and experience personal satisfaction from accomplishments. This class is for those who have never had a line dancing class. You must wear footwear that slides and swivels easily and does not stick to the floor. No partner is needed.

Pilates, Weights and Drums

Tuesdays/Thursdays | June 14 - August 4, 2022, 9:30 AM - 10:30 AM

COM City Centre – Room 104

\$30

Instructor: Patricia Trevisani

Get three different exercises in just one class! You will perform different exercises each day to help strengthen and tone different areas of your body: Pilates, resistance bands, balls, hand weights, and drumming on the Pilate balls with drumsticks. Modifications will be included for all exercises, but you will be encouraged to challenge yourself as the semester progresses.

Pilates/Yoga (Mix)

Mondays/Wednesdays | June 13 - August 8, 2022, 8:15 AM - 9:15 AM

COM City Centre – Room 107

\$30

Instructor: Alison Johnson Galdamez

Join us for Yoga and Pilates exercises with motivating music to stretch, tone and strengthen your entire body. The exercises will be performed both standing and on the floor.

Sit-N-Fit

Mondays/Wednesdays | June 13 - August 8, 2022, 11:00 AM - 12:00 PM

COM City Centre – Room 104

\$30

PILATES, WEIGHTS AND DRUMS



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**YOGA AND STRESS
REDUCTION**

Instructor: Patricia Trevisani

This is a structured exercise program for anyone needing slow gentle movement and may also help to improve the quality of life of physically limited individuals through safe, effective exercises. Using chair exercises set to music, you will tone muscles and increase endurance.

Spinning

Tuesdays/Thursdays | June 14 - August 4, 2022, 7:00 AM - 8:00 AM

COM Gym (Main COM Campus)

\$30

Instructor: Alison Johnson Galdamez

Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. You will learn cycling techniques and tips as you ride!

Total Body Fitness

Mondays/Wednesdays | June 13 - August 8, 2022, 9:30 AM - 10:30 AM

COM City Centre – Room 107

\$30

Instructor: Alison Johnson Galdamez

Reap cardiovascular and strength benefits while doing fun, slightly intense exercises! We will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. You are encouraged to wear comfortable workout clothes and tennis shoes and bring a water bottle and hand towel.

**Yoga and Stress
Reduction**

Mondays/Wednesdays | June 13 - August 8, 2022, 10:45 AM - 11:45 AM

COM City Centre – Room 107

\$30

Instructor: Alison Johnson Galdamez

Come experience how the art of slow, measured movements can help develop strong muscles, agility, and flexibility, which can reduce the effects of the aging process. And through the art of breathing, relaxation, and self-awareness, you will experience increased energy levels and decreased aches and pains. Required Supplies - towel or blanket for lying down on floor during exercise.

General Information & Map

PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept VISA, MasterCard and Discover. No cash, checks, money orders or American Express will be accepted.

CANCELLATION OF CLASSES

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Lifelong Learning Office 409-933-8226 no later than one business day prior to the class start date to receive a refund.

WAITING LISTS

Want to attend a class that is full? Contact the Lifelong Learning Program Office at 409-933-8461 to join a waiting list.

REFUND POLICIES

Community Education Refund Policy

Community Education classes/workshops will be 100 percent refunded if a student cancels by the registration deadline. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours.

50 Plus Refund Policy

50 Plus classes will be 100 percent refunded if canceled before the first day of class. Refund requests may be made in person at the Lifelong Learning office or by phone at 409-933-8461. Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

Trip Refund Policy

Tickets are pre-purchased for trip events; therefore, they are non-

transferable and non-refundable.

COLLEGE CALENDAR

In accordance with the approved College calendar, the college will be closed:

July 4, 2022

PHOTO AND VIDEO POLICY

COM's Marketing and Communications Department takes photographs (still and video) of students throughout the year. These photographs and videos often include students in classrooms, study areas, at events, etc. COM reserves the right to use these photographs and video as a part of its publicity and marketing efforts. Students who enroll at COM do so with the understanding that these photographs and videos might be used in College publications, both printed and electronic, for recruiting and advertising purposes.

TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not been granted access by prior written consent. No student record, demographics, or schedule information will be shared with anyone over the phone or with any third party.

COM ALERT

College of the Mainland uses a rapid notification system called COM Alert to send text, voice and/or email messages for unscheduled school closings and other emergencies. Anyone, including non-student family and community members, may create a COM Alert account by texting

the key word: COMALERT2022 to the number 888-777 from their cell phone or by visiting <https://comalert.bbcportal.com>.

CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed. A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun-free zones under this policy. For further information about gun-free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District.

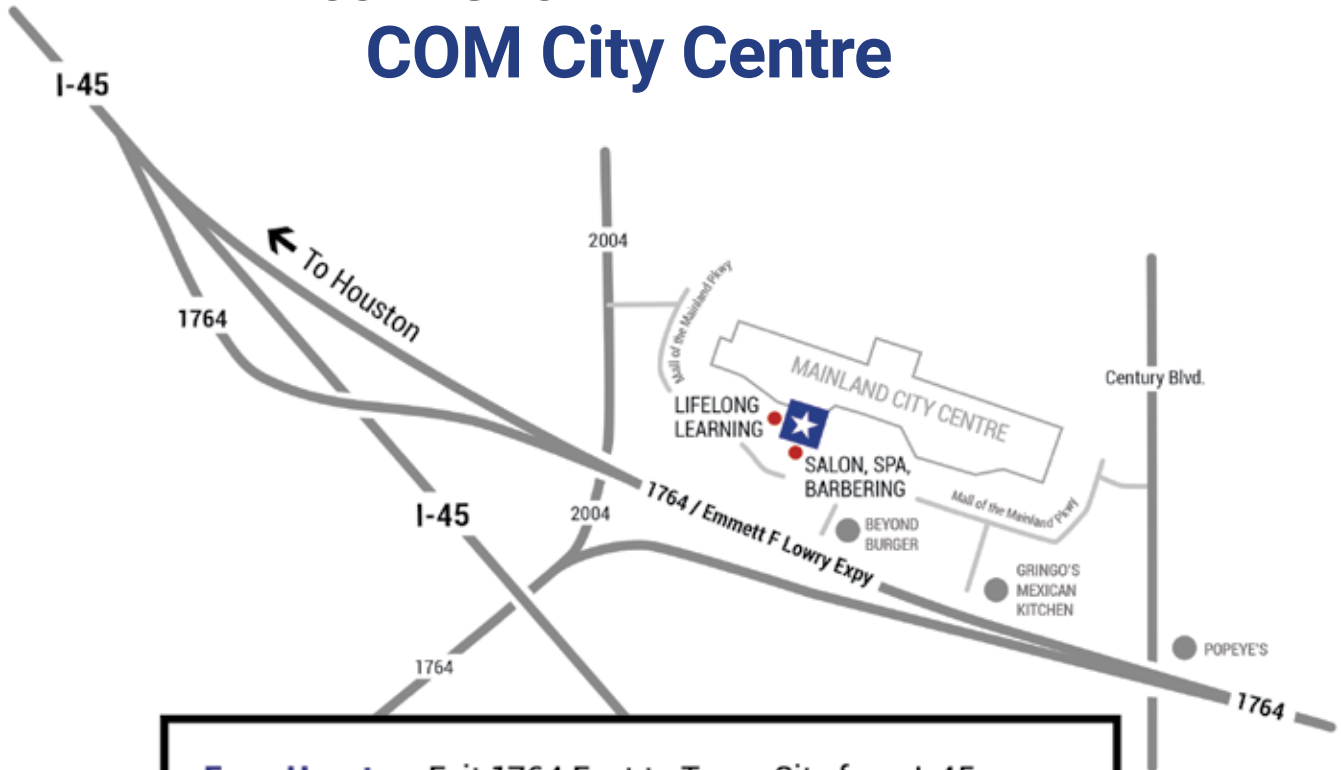
In accordance with the law, this policy shall not apply to commissioned peace officers.

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COLLEGE OF THE MAINLAND COM City Centre



From Houston: Exit 1764 East to Texas City from I-45 South. Exit Century Blvd. Make U-turn under bridge. Take feeder to Beyond Burger and turn right into mall. Turn left onto Mall of Mainland Pkwy.

From Galveston: Exit #15 from I-45N. Turn right on 2004, then right after Quality Inn onto Mall of Mainland Pkwy.



Have questions? Learn more online at:
com.edu/lifelonglearning



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